

# LENT 2019



## St. Rose of Lima Parish

**Mass Schedule**  
**Sacrament of Reconciliation**  
**Eucharistic Adoration & Devotions**  
**Spiritual Events**  
**Study Programs**  
**Parish Traditions & Social Activities**  
**Lent Online & More!**

## LENT MASS SCHEDULE

### WEEKDAY MASSES

Monday through Saturday: 8:30 AM

### SUNDAY MASSES

Saturday Vigil 5:00 PM; Sundays: 8:00, 9:30 & 11:30 AM

### HOLY WEEK MASSES

#### **HOLY THURSDAY - APRIL 18**

Mass of the Lord's Supper at 7:30 PM

#### **GOOD FRIDAY - APRIL 19**

Liturgy of the Passion and Death of the Lord at 3:00 PM

#### **HOLY SATURDAY - APRIL 20**

Easter Vigil at 7:30 PM

#### **EASTER SUNDAY - APRIL 21**

Masses at 8:00 AM, 9:30 AM and 11:30 AM

## SACRAMENT OF RECONCILIATION

### WEEKLY

**FRIDAYS after 8:30 AM Mass** *(No Confessions on Good Friday)*

**SATURDAYS at 4:00 PM** *(No Confessions on Holy Saturday)*

### LENTEN CONFESSIONS

Wednesday, April 17 at 7:30 PM in Church

## ADORATION & DEVOTIONS

### EUCCHARISTIC ADORATION

This Lent, grow closer to the Lord.

Attend Eucharistic Adoration. The Lord loves your company!

**FRIDAYS** after 8:30 AM Mass until Noon

**24 HOURS FOR THE LORD!** A special 24-hour Adoration begins at 9:00AM on Friday, March 29, and continues until 4:00 PM on Saturday, March 30. Sign up for an hour of quiet prayer with the Lord at [www.srol.org](http://www.srol.org)

### STATIONS OF THE CROSS

**FRIDAYS at 7:30 PM** on March 8, 15, 22 & 29, and April 5 & 12

## SPIRITUAL ACTIVITIES

### FOLLOWERS OF MARY PRAYER CENACLE

7:00 PM in Church on Thursdays, March 14 & 28 and April 11

### MEN'S PRAYER GROUP

7:00 PM in the Fr. Murphy Room on March 18, April 1 and 15  
Adult men are invited for prayer, reflection and discussion.

### WOMEN'S PRAYER GROUP

7:30 PM in the Fr. Murphy Room on April 16  
Pray the Rosary, scripture reflection and discussion

## 2019 PARISH MISSION

# We Are God's Family!

### SUNDAY, MARCH 3

7:00 PM

*The Joy To Be*

### MONDAY, MARCH 4

7:30 PM

*Family Keys To Life & Love*



Guest Speaker:

### Mr. Damon Owens

#### Prepare your family for Lent with an inspiring 2-day Mission!

Mr. Owens is a well-known international Catholic speaker, evangelist, husband, father of 8 children, and founder of 'Joy To Be', a ministry that helps married couples and families live life joyfully and "to the full".

**The Mission will offer your family a fresh perspective on love and practical keys to joyful family life.**

*Come and be inspired!*

## LENT ONLINE



### Opening the Word™ Year C

Short (5-10 minute) talks offering insights for the Sunday readings. Featuring a variety of exceptional Catholic speakers, the 52 short videos are designed to spur thought and discussion. During Lent, take a few minutes each day for personal inspiration and make the most of the Sunday readings at **FORMED.org**. Access the content for **FREE** at <https://srol.formed.org>. The St. Rose Parish Access Code is "c0a592".

### MAKE LENT AWESOME!

**www.redeemedonline.com** Register for free, daily 2-3 minute videos by engaging Catholic speakers at **lentseries.com**

### BISHOP ROBERT BARRON'S Daily Reflections

Spend your time with Christ in the Gospel this Lent. Bishop Barron will send you free daily Gospel reflections to your inbox each morning during Lent. Sign up at **lentreflections.com**

### BEST LENT EVER by Matthew Kelly

Don't give up chocolate for Lent. Do something Life Changing! From Ash Wednesday to Easter Sunday, Matthew Kelly will help you identify what stands between you and happiness...and what to do about it. Sign up at **BestLentEver.com** and receive free daily emails.

### SUBSCRIBE to a Daily Devotional or Catholic Publication

Some popular devotionals include *The Word Among Us* that is available in print or for Kindle ([wau.org](http://wau.org)), *Magnificat* ([us.magnificat.net](http://us.magnificat.net)) and *Give Us This Day* ([giveusthisday.org](http://giveusthisday.org))

### MOVIE NIGHT

Sunday, March 31

7:00 PM

Splendor of Truth Room

### *The Passion of the Christ*

By Mel Gibson

**Please note** - this film is rated R. Parental guidance is recommended. Free film, popcorn & beverages.



## FAITH † FORUM

Unique and Informative 1-Hour Presentations

7:30 p.m. in the Fr. Murphy Room

### THURSDAY, MARCH 21 - GRACE WORKS!

Guest speaker, **Dan Tarrant**, author of **Grace Works: Don't do more for God. Invite God to do more in you!** and director of ReEngaged Ministries, will be with us for an interactive 1-hour talk. The Grace Works book was given out at 2018 Christmas Masses (extra books available in the church vestibule.)

**Come meet the author and discover how grace works** and watch it change everything in your life! The evening will include dessert & coffee.

### THURSDAY, APRIL 11 - THE LAST FOUR THINGS

**Rev. Matthew Biedrzycki**, Parochial Vicar at St. Robert Bellarmine Parish, will be with us to present an engaging talk on the last four things: death, judgment, heaven and hell.

## WOMEN'S MORNING RETREAT

*The Woman at the Well;*  
**Allowing Jesus to Come Close**  
**Saturday, March 30**  
**9:00 AM - Noon**



St. Rose is delighted to welcome **Heather Makowicz**, Certified Spiritual Director, retreat director, speaker and outdoor adventure leader for a Lent women's morning of reflection.

Heather is the founder and president of Peak Encounter Ministries and speaks to women on topics related to finding balance and peace, prayer, allowing Jesus to come close, healing and discernment. **LADIES, RESERVE YOUR SPOT NOW!** Bring your mother, sister, daughter, girlfriend, and the other wonderful women in your life for a light breakfast and peaceful morning retreat! **RSVP** to Jane Selner at [jselner@srol.org](mailto:jselner@srol.org) or 215-699-4617.

## STUDY PROGRAMS

### INTO THE DESERT A 6-week ONLINE study on prayer.

### Into the Desert A Lenten Study on Prayer



**Week 1:** Prayer  
**Week 2:** Guigo's Ladder  
**Week 3:** Lectio & Meditatio  
**Week 4:** Oratio  
**Week 5:** Contemplatio  
**Week 6:** Resolutio

Follow Jesus into the desert and discover intimacy with God through **Lectio: Prayer**, a 6-week video-based study on FORMED.org featuring Dr. Tim Gray. **Not on Formed.org yet?**

**It's easy and free to register.**

1. Go to <https://srol.formed.org>
2. Click "Register"
3. Enter your name, email, and desired password
4. Go to *Study*, then to *Into the Desert*
5. Use the free downloadable participant guide for daily meditations



### FOLLOWING CHRIST

**New Version!**

**March 20-May 15**

**7 Wednesdays 7:00-9:00 PM**

**Includes a Retreat Day on May 4**

*Following Christ* is the second course of the 3-part ChristLife series. This course offers **practical teaching to help you more fully live out your Catholic faith.** Session topics include: Daily Personal Prayer, Hearing God in Scripture, The Sacraments, Forgiving One Another and more. **Sign up today!** Contact Jane Selner at [jselner@srol.org](mailto:jselner@srol.org) or 215-699-4617.



Thank you for being here at  
St. Rose of Lima Parish.

We hope this overview of Parish activities  
will help you in celebrating the holy  
seasons of Lent and Easter.



## 33 DAYS TO MERCIFUL LOVE

6 Tuesdays: March 19-April 23

7:00-8:30 PM - Splendor of Truth Room

Journey with St. Therese of Lisieux and discover 33 Days to Merciful Love: A Retreat in Preparation for Consecration to Divine Mercy, the stirring sequel to the Fr. Gaitley's 33 Days to Morning Glory. Participant packet \$29.95 (book without study journal is \$14.95). Purchase participant materials at

<https://www.shopmercy.org/33-days-to-merciful-love-participant-pack-with-book.html> or contact Jane Selner at [jselner@srol.org](mailto:jselner@srol.org)

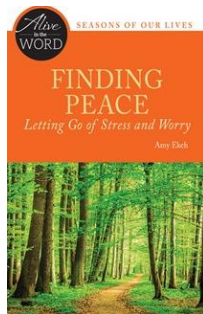
## SPRING BIBLE STUDY

FINDING PEACE, Letting Go of Stress and Worry

3 Tuesdays: May 14, 21 & 28

7:30-8:30 pm - Splendor of Truth Room

Stress has stitched itself into the fabric of modern life, slowly but surely weaving its way into the tapestry of our days. So many things worry us. So many things weary us. **Where will we look for renewal?** How can we restore the golden thread of peace into our lives? *Finding Peace, Letting Go of Stress and Worry* explores three New Testament passages, refreshing our minds and hearts in the love of God, our unity with Christ, and the peace that flows from loving one another. Book fee is \$8. **REGISTER** via email to [jselner@srol.org](mailto:jselner@srol.org), call 215-699-4617 or visit [srol.org](http://srol.org).



**What will you give up for Lent?**

Why not consider giving up some time usually spent watching TV or on social media and replace it with reading or listening to an inspirational book or CD from the **Resource kiosk in the church vestibule?** There are topics for every interest.

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## TRADITIONS & WORKS of MERCY

**FAITH, FAMILY & FARE Annual Pasta Dinner**

**FRIDAY, MARCH 22**

**5:30-8:00 PM Parish Center Gym**

Enjoy a delicious Italian dinner: pasta and sauce selections, salad, bread & rolls, beverages and home-made desserts. **No entrance fee** -- donations appreciated! Proceeds benefit St. Rose's **Feed and Be Fed 100** initiative to fight hunger. **Kid's Craft** plus **Children's Stations of the Cross** at 7:00 PM. **RSVP by March 18** to [stroselima@srol.org](mailto:stroselima@srol.org) or 215-699-4617.

**FOOD FOR CHRIST 2019**

*Feed and Be Fed 100*

**FIGHT HUNGER IN OUR COMMUNITY!** In 2018, our St. Rose family worked to do more to end hunger in our community. **Through your generosity, we collected an amazing 80,000 servings of food** for local food cupboards.



In honor of the 100<sup>th</sup> Jubilee of St. Rose of Lima Parish, in 2019, we've set a **goal to collect 100,000 servings of donated food**. We ask every parish family to take part in this effort. **How can you help? It is easy!** Each time you shop for your family, purchase one non-

perishable item for those in need. Bring the food to Mass on Sunday to **FEED** the hungry, place it in the collection bin (in the church vestibule and on the altar near the Blessed Mother), **and BE FED** by the Word of God and Holy Eucharist.

**MARCH FOOD NEEDS:** Peanut butter, jelly, canned fruit, toilet paper, pasta sauce and canned beans,

**LENT CARE BAGS for the HOMELESS** This Lent, help the homeless by filling a Lent Care Bag. **It's easy as 1-2-3**

1. During Lent, purchase basic personal care items and non-perishable snack items to fill a jumbo Zip top bag.
2. Add a note of hope from your family to the bag.
3. Bring the bag to church any Sunday in Lent and place it in the Care Bag collection bin in the church vestibule.

Empty bags & information fliers are in the church vestibule.